

NEW LOCATION THIS MONTH!!!!



Tri-State Dharma
ONE DAY RETREAT

With Joan Staubach

Transfiguration Spirituality Center

495 Albion Ave., Glendale, OH 45246

May 17, 2025

TIME: 10am-3pm

Free!

Pack a lunch, and come out for a day of quiet sitting and walking meditation. The retreat will be held at

BethAnna House

Transfiguration Spirituality Center

495 Albion Ave, Glendale, OH 45246

[Directions to Transfiguration Spirituality Center](#)

[Directions to BethAnna](#)

One-day retreats offer an opportunity for a day of silent meditation that includes sitting, walking and contemplation of Dharma teachings

No fee or registration is required. Donations are always appreciated to help cover expenses. Please bring a brown-bag lunch for yourself and tea will be provided. Chairs provided—bring your own cushions if you prefer to sit on floor.

Follow the signs to BethAnna and park in lot 3

MORE INFO AT : tristatedharma.org